

Best Practice - 1

Topic: COMMUNITY OUTREACH AND EXTENSION SERVICES

Objective:

Extension activities develop positive relationships between educational institutions and the communities they serve and sensitize the students towards the values of social responsibility and a deep interest in environmental-related issues.

Context:

Through implementing various extension activities, the college attempts to achieve the vision and mission of the college. Meham is surrounded by a number of villages and there is a great scope of carrying out extension activities in nearby areas as most of our students also belong to rural background. They are very aware of the problems and limitations in the neighbourhood and can make sincere efforts to drive the Institutional Social Responsibility and regulate the community engagement and outreach activities of the college for its fulfilment. Hence, all constituted clubs and societies identify activities focussing on the community.

Students already have a sense of responsibility towards society but they feel a lack of opportunities to contribute. Our programs are designed to promote volunteerism among students and equip them with tools and training to engage with society to improve their understanding of social dynamics and to contribute for the overall betterment.

The Practice:

Government College Meham undertakes various extension activities in the neighbourhood community through its various units like NCC, NSS, YRC, RRC, different Clubs and Societies. The college plan regular activities within and outside the college premises. These units in collaboration with various departments of the college actively contribute to social cohesion by participating in large number of extension activities covering Health-Related, Environment Conservation, Social Awareness and Advocacy, Disaster management and other neighbourhood community Activities

Extension activities by NCC, NSS Cells/Departments:

One significant initiative involves partnering with local institutions to conduct educational workshops, rallies etc. on environmental conservation. College students serve as mentors, imparting knowledge about recycling, renewable energy, and conservation practices to younger students. This empowers the next generation with eco-consciousness.

- *Meri Mati Mera Desh*, an awareness campaign organised by NSS students in surrounding villages to spread knowledge regarding **soil conservation**.
- **Save Earth Rally** was organised to spread awareness regarding environment protection.
- **Documentary** named *Matmaila Bharat* was made by college students on the topic of pollution in rural areas.
- A **Short Film** named *I am with you* was made by college students to spread awareness regarding AIDS.



Furthermore, our college has been actively involved in **Tree Plantation** Drives in collaboration with local authorities. These tree-planting campaigns aim to combat deforestation and enhance urban greenery, thereby contributing to improved air quality and overall environmental health in the surrounding areas.



To address plastic pollution, our college organises regular **Cleanliness Events** in nearby parks and water bodies, mobilising students and community members to remove waste and promote responsible disposal practices.



The college's **Soil Testing** initiative analyses local soil samples to inform farmers about nutrient levels and pH, aiding in sustainable farming practices. It also educates students and the community about soil health's impact on agriculture and the environment, promoting responsible land management and sustainable agriculture.



Evidence of Success: The biggest success is when a student thinks of others in a delicate situation as during the pandemic. Many students and their families suffered in health and loss of loved ones. Despite this, our students volunteered and helped people during the lockdown by distributing food and other necessities.

Engaging the students in extension activities has created a sense of selfless service mindedness among the student community. It helps to instil the spirit of social responsibility, groom overall personality and create awareness on social issues.

Our college has been declared as a Recognized Swachhta Action Plan Institution by MHRD, Govt. of India for constituting the working groups post COVID-19 for Sanitation, Hygiene, Waste, Water and Energy management and Greenery to inculcate the practices of Swachhta, Reuse, Reduce and Recycle in faculty, students and community.

Our students made a short film titled 'I am with you' to spread awareness that AIDS does not spread just by touching. Their entry stood first in Rohtak District in the documentary making competition organised by Civil Hospital Rohtak (Jan 2021). Our college students also made a documentary (Matmaila Baharat) on pollution in rural areas and got second position.

Short films:

https://youtu.be/IzeP7YHI_x0?si=4vFmmg4KhscMp5gp

https://youtu.be/Ra0e3r6g6ts?si=0feT1uNMkWghg_JL

NSS: [File17486.pdf \(gcmeham.ac.in\)](#)

NCC: [File17522.pdf \(gcmeham.ac.in\)](#)

Problems encountered and resources required:

The most crucial and foremost problem encountered by the institution is the safety of each of its students as to reach the needy, volunteers should be in a position to travel to the location of service. For girl students, the college is always concerned with safe travel and accommodation. Safety measures are followed and students are escorted to and from the venue of the activity.

Due to Covid pandemic and the strict enforcement of covid protocols it was difficult to ensure maximum participation of students in various programmes conducted on physical space.

Lack of sufficient funds is also a constraint.

BEST PRACTICE – 2

Topic: IMPARTING VALUES THROUGH CO-CURRICULAR ACTIVITIES

Objectives:

The education system generally focuses on academics and tend to regard values education or character building as a minor subject. But times are changing, and more people are realizing that a good character is unrivalled and it's high time to prioritize values and good manners in a curriculum. As these lessons are best learned in real-world experiences, so they can still be instilled in co-curricular activities effectively.

Simple human values can be introduced to the students like

- Unconditional love and kindness
- Honesty
- Integrity
- Discipline
- Hard work
- Respect
- Cooperation
- Patriotism
- Compassion
- Forgiveness

Context: The National Policy on Education (NPE) states that education as an organized social system has an important function in the development of moral, spiritual and aesthetic values, and none can deny that teachers have a significant role to play in the realization of this objective Active participation in co-curricular activities arouses curiosity, create interest and inculcates values in the students and develop their all-round personality. They must be made purposive and fruitful and should be treated as part of the curriculum as they help the students to gain self-confidence, get rid of shyness and inferiority complex, and identify their potential abilities and skills.

Practice:

At Government College Meham, NSS, NCC, numerous College Clubs and Committees like Science Exhibition Committee, Youth Red Cross Society, Red Ribbon and Road safety, Women Cell, Placement Cell, English Language Lab and Soft skill, Legal Literacy Cell, Alumni Association and all Departmental Committees conduct several programs throughout the year to reinforce the values that have been imparted in the classroom.

Sr. No.	Activity	Value Imparted
1.	Participation in Science Exhibition	Quest for knowledge, spirit of enquiry and scientific temper
2.	Visit to Historical places	Traditional values
3.	Arrange seminars workshops and debates	Participation, courage and communication skills etc.
4.	NCC activities	Self-control and discipline
5.	Group discussions	Cooperation, time consciousness, good manner, rational, consciousness, obedience, regularity and sincerity
6.	Celebrating national festivals of different religions	Unity in diversity
7.	Prayer and meditation	Devotion to God, self-discipline, self-realisation and control of senses.
8.	Competition in sports and games	Sportsmanship, team Spirit and tolerance
9.	Cultural programs	Cultural and moral values
10.	Helping hand in keeping campus clean and green	Develop the sensitization to sustainable environment
11.	Shramdan	Hard work, gratitude, friendship, service and dutifulness
12.	Extension lectures by eminent personalities.	Motivation
13.	Diwali Mela	Entrepreneurship

The college's **Diwali Mela** fosters **entrepreneurship** by providing students with a platform to showcase and sell their products. This initiative promotes creativity, business skills, and teamwork, enhancing the entrepreneurial spirit among the student body. It's an opportunity for students to learn and develop their entrepreneurial skills in a festive setting.

Diwali Mela on 18.10.2019



The college's **Talent Hunt** program for freshers aims to unearth hidden talents. It offers a stage for newcomers to showcase their diverse skills, be it in music, dance, or other talents. This event not only nurtures student creativity but also fosters a sense of belonging within the college community, helping newcomers integrate and shine.



The college's **Science Exhibition** cultivates the **scientific temper** in students by encouraging hands-on learning and innovative projects. It offers a platform for students to explore and present their scientific ideas, fostering curiosity and critical thinking. This event kindles a passion for science and motivates students to pursue careers in STEM fields.



The College celebrates various days of national and international importance to inculcate variety of values in students.

Celebration of Sardar Vallabh Bhai Patel Birth Anniversary by NSS on 31.10.2019



Celebration of Birth Anniversary of Mahatma Gandhi and Lal Bahadur Shastri by NSS on 02.10.2019



Yoga Day on 21.06.2021



Evidence of Success:

All these activities and their implementation not only developed moral values in students but also led to a bonding between students and teachers.

To teach integrity to students, teachers have been honest with their role and responsibility. They put good example for their students during lectures and know how to stick to their words by admitting that they don't know everything but will get back to a student with an answer or solution. This helped students understand that learning doesn't stop at adulthood.

The extracurricular activities led students to understand that each of them has a different learning capacity. Some might be weak at a certain area where the other excels. All students cooperated to uplift each other and teachers also adjusted their teaching styles to fit a certain student's way of learning to instil a sense of hope in them, which gave them confidence and motivation.

Government College Meham students got 2nd position in state level Science Exhibition in 2020. Link <https://youtu.be/G1SI7UjTN20?si=6ABP4qXq0IFpEIRb>

Our students won 9 medals at national level in different sports in last five years.

Many students are pursuing higher education in fine arts, singing, music etc. from SUPVA university Rohtak.

2nd Position in State Level Science Exhibition: Robotic Hand



Problems Encountered and Resources Required:

Considering co-curricular activities, teachers have to make adjustment in the timetable to provide time for those activities, encourage students' participation and provide guidance while participating, as an integral part of curriculum. Thus, it needed a lot of planning and preparation. Lack of ample funds and time management are some issues, but the faculty is committed to continue and inculcate these values in our future generation.

